



Catherine Saya

Associate, Insolvency and Restructuring |
Disputes

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Montréal

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Bar Admission: Québec, 2025

Areas of Expertise

Banking and Financial Services

Disputes

Insolvency and Restructuring

Corporate and Commercial Disputes

Catherine is cross-appointed to the Insolvency & Restructuring and the Disputes Departments.

Her practice primarily focuses on restructuring and insolvency, in addition to corporate and commercial disputes. Catherine holds a Bachelor of Laws (LL.B.) from the Université de Montréal, where she was named to the Dean’s Honour List for academic excellence, as well as a Bachelor of Commerce (B.Com.) from McGill University.

During her studies, she articulated at the Superior Court of Québec with the Honourable David R. Collier and the Honourable Christian Immer.

Prior to joining Osler’s team, Catherine worked in the Special Loans Group of a Canadian bank.

Credentials

Education

- Université de Montréal, LL.B.
- McGill University, B.Com.

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Languages

- English
- French

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Professional Affiliations

- Barreau du Québec
- Young Bar of Montréal
- The Turnaround Management Association (TMA), Montréal Chapter